

Lifecycle of a Performance Measure:
Depression Remission at 6 months

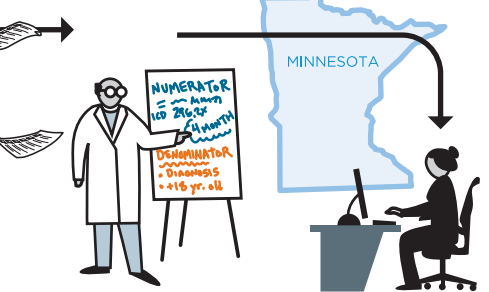
1 PREVALENCE OF DISEASE
The (APA) American Psychiatric Association has data that show 1 in 10 are depressed. There are evidence-based treatments that can lead to remission of symptoms.



2 ASSESSMENT TOOL
An available standardized tool is used to assess prevalence and severity of depression for a given population.

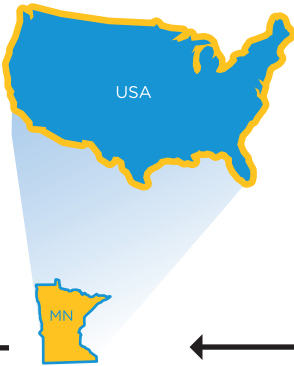


3 LOCAL INITIATIVE
MN Community Measurement developed and tested a way to measure whether a patient's depression is in remission 6 months after treatment.



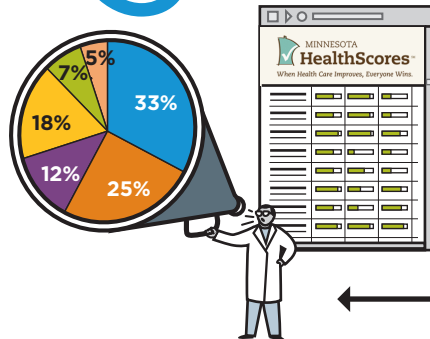
6 NATIONAL CONSENSUS STANDARD
NQF endorsed the measure as a national consensus standard.

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5 RESULTS MADE PUBLIC
MN Health Scores website publicly reports local performance on depression remission.

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4 RESULTS SPUR CHANGE IN PRACTICES
The Institute for Clinical Systems improvement helped doctors implement change in their practices that lead to improved results.

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7 ELECTRONIC HEALTH RECORDS
MN Community Measurement retooled the measure for use in electronic health records.

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8 HIT PAYMENT QUALIFICATION
Depression improvement at 6 months was suggested for inclusion in CMS' Meaningful Use HIT payment program by an NQF convened group, eventually leading to more widespread adoption and improvement in patient care.

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